



Suncoast

**Orthopaedic Surgery
& Sports Medicine**

We recommend comfortable shoes with cushioned soles with wide toe boxes and low heels. The following list is not exhaustive, but offers several suggested models that many patients have used successfully. (We do not receive any compensation from shoe manufacturers)

1. New Balance: models 928, 847, 1540
2. Brooks: "Beast" model (for males), "Ariel" model (for females)
3. Hoka sneakers
4. Birkenstock sandals
5. Dansko clogs
6. Naot
7. Allbirds